

# WELL BEING COMMUNITY GROUP

Come and join Coastal PCN  
Social Prescribers to access  
support and meet new people

## Venue

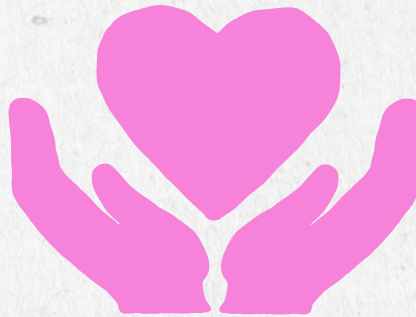
Alver Valley  
Garden Centre  
Off Barrington  
Close  
Howe Road,  
Gosport, PO13  
8NZ

## Time and Date

1st Tuesday every  
month  
9.30am - 11.30 am

## Well-being

Befriending  
Lifestyle  
Carers  
Veterans  
Employment  
Housing  
Benefits  
Volunteering



**Stubbington Medical Practice  
Lockswold Surgery  
Brook Lane Surgery**

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**Please check [fg-coastalpcn.co.uk](http://fg-coastalpcn.co.uk) for more information**